

RESOURCES

The following publications, websites and services, may be helpful for lesbian, gay, bisexual and trans young people and their parents/carers.

FOR PARENTS/CARERS AND FAMILIES

Gendered Intelligence

This organisation works to increase the quality of trans people's lives and to raise awareness of trans people's needs. Their website hosts an online group for parents/carers of young trans people aged 13-25, a Guide for Parents and Families of Young Trans People and Parents and Family Members of Trans People in the UK – A Report on the Issues www.genderedintelligence.co.uk

Families and friends of lesbian, gay and bisexual people (FFLAG)

It provides support for parents and their lesbian, gay and bisexual children. The website offers resources, stories from parents of LGB young people and information on local parent groups www.fflag.org.uk

FOR LGBT+YOUNG PEOPLE

Switchboard – the LGBT+ helpline

This is an information, support and referral service for LGBT people including online messaging and phone service www.switchboard.lgbt/help

ChildLine

A private and confidential service for children and young people up to the age of 19. Young people can contact ChildLine via email, message boards or phone and access advice and information online www.childline.org.uk

The Kite Trust

This organisation offers free LGBT+ social groups, available for ages between 12 and 24 and free one-to-one support for LGBT+ young people under the age of 25. www.thekitetrust.org.uk

TKT also offer a monthly parents' group – contact info@thekitetrust.org for joining information

Barnardos LGBT Hub

Support for LGBTQ (lesbian, gay, bisexual, trans and those questioning their sexual or gender identity) children, young people and their families in the UK www.barnardos.org.uk/what_we_do/our_work/lgbtq.htm

Metro Charity: Embrace difference

Health, community and youth services across London and the South East www.metrocentreonline.org

EACH Providing services to inspire lesbian, gay, bisexual and trans equality www.eachaction.org.uk

The Proud Trust Home of LGBT+ youth www.theproudtrust.org

Schools Out www.schools-out.org.uk

Stonewall: Acceptance without exception www.stonewall.org.uk